



TUNA CORNBREAD CASSEROLE

- 1 12 ounce can **Crown Prince Natural Albacore Tuna**, drained and flaked
- 1 10.75 ounce can condensed cream of celery soup
- 1 10.75 ounce can condensed cream of mushroom soup
- 2 cups frozen mixed vegetables
- 3/4 cup 2% low fat milk
- 1/2 teaspoon dried dill
- salt and black pepper to taste
- 2 8.5 ounce corn bread mixes, prepared according to package



Preheat oven to 450°F. Mix tuna, soups, frozen vegetables, milk, dill, salt and pepper in an ungreased 13" x 9" baking dish. Pour the corn bread mixture evenly over the tuna mixture. Bake uncovered 27-30 minutes or until lightly golden brown. Let stand at least 5 minutes before serving. Serves 8.

Per Serving: 416 Calories (66 Calories from Fat), 8g Fat, 22g Protein, 68g Carbohydrate, 22mg Cholesterol, 1436mg Sodium