



CAESAR SALAD ITALIANO

Dressing:

- 1 jar **Crown Prince Natural Flat Anchovies**, cut into thirds and thinly sliced
- 1/2 cup mayonnaise
- 1/4 cup 2% low fat milk
- 1/4 cup shredded Parmesan cheese
- 2 tablespoons lemon juice
- 2 cloves garlic, minced

Salad:

- 9 ounces cheese tortellini, cooked according to package and cooled
- 8 cups torn romaine lettuce
- 1/3 cup shredded Parmesan cheese
- 1 cup seasoned croutons
- 8 ounces cherry tomatoes, halved

In a small bowl, combine all dressing ingredients and mix well. Set aside.

Place tortellini in a large bowl with lettuce and cheese. Drizzle the dressing over the salad and toss to coat. Top with croutons and tomatoes. *Serves 10.*

Per Serving: 189 Calories (78 Calories from Fat), 9g Fat, 8g Protein, 20g Carbohydrate, 22mg Cholesterol, 526mg Sodium